

MENTAL HEALTH IN TANEY COUNTY



Spotlight on Adults

Majority of ADAPT Community Survey (ACS) respondents believe that mental health is a concern among adults in Taney County.

17% of adults aged 18 years and older did not have good mental health for 14 days or more ¹



the average poor mental healthy days per month for Taney County residents was **4.16** ¹

792 Taney County residents received treatment for serious mental illness at publicly funded facilities in 2022 ¹



More than a quarter of ACS respondents (29%) are unaware or unsure of services in their community.



1 in 3 report difficulty accessing services

CONSEQUENCES

Focus group participants reported that lack of healthy mental health coping skills and social abilities reported among adults exacerbate decision-making challenges regarding healthcare, living, and finances.

883 ER visits for mental health in 2021 ¹

14 deaths by suicide in 2021 in Taney County¹

ACS participants reported barriers to accessing services:



Cost of services



Availability of services



Knowledge of services

Focus group participants reported other barriers to accessing services:

- Transportation
- Fear of judgement for seeking services
- Waiting times
- Providers being at capacity and unreliable

MENTAL HEALTH IN STONE COUNTY



Spotlight on Adults

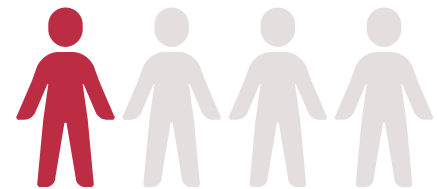
Majority of ADAPT Community Survey (ACS) respondents believe that mental health is a concern among adults in Stone County.

15% of adults aged 18 years and older did not have good mental health for 14 days or more ¹

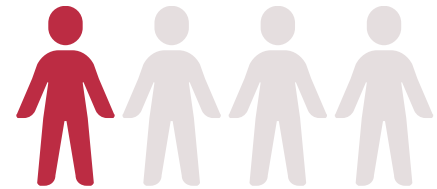


the average poor mental healthy days per month for Stone County residents was **3.8** ¹

384 Stone County residents received treatment for serious mental illness at publicly funded facilities in 2022 ¹



More than a quarter of ACS respondents (27%) are unaware or unsure of services in their community.



1 in 4 report difficulty accessing services

CONSEQUENCES

Individuals struggling with serious mental illnesses are at higher risk for homicide, suicide, accidents, and chronic conditions such as cardiovascular and respiratory diseases, and substance use disorders.

296 ER visits for mental health in 2021 ¹

7 deaths by suicide in 2021 in Stone County ¹

ACS participants reported barriers to accessing services:



Cost of services



Availability of services



Knowledge of services

Focus group participants reported other barriers to accessing services:

- Transportation
- Fear of judgement for seeking services
- Waiting times
- Providers being at capacity and unreliable

¹Missouri Department of Mental Health. (2023). Community Profile 2023 Stone County.

MENTAL HEALTH IN TANEY COUNTY



Spotlight on Youth

Majority of ADAPT Community Survey (ACS) respondents believe that mental health is a concern among youth in Taney County.

34% of students in the 2022 MSS for Taney County reported “often” or “always” feeling very sad in the past month²



Females reported significantly more symptoms of depression, suicide ideation, self-harm, and poor coping skills compared to their male counterparts²

15% of students in the 2022 MSS said they had seriously considered suicide in the past year²



two-thirds of ACS parents reported that their child struggles with emotional or stress-related issues at least sometimes



one in two of ACS parents reported that their child has received counseling or treatment for emotional or stress-related issues

CONSEQUENCES

In Taney County, young people had the highest rates of receiving clinical services from the Division of Behavioral Health; more than doubling between 2019 and 2021.

85.75

PER 10,000 PEOPLE

Between 2011 to 2015, the rate of mental/behavioral hospitalizations (not substance abuse) for youth ages 1-19 between 2011 to 2015¹

Youth focus group findings:

- There is a general sentiment that schools could do more to prioritize mental health and coping skills
- Students share a general sentiment of fear of being reported by counselors if they seek help
- Teachers do not have sufficient mental health resources or training
- Students expressed a need for accessible mental health resources, such as text-based counseling services, weekly emotional check-ins, designated safe spaces, and anonymous drop-boxes for seeking support

¹Missouri Department of Mental Health. (2023). Community Profile 2023 Taney County. ²2022 Missouri Student Survey.

MENTAL HEALTH IN STONE COUNTY



Spotlight on Youth

Majority of ADAPT Community Survey (ACS) respondents believe that mental health is a concern among youth in Stone County.

32% of students in the 2022 MSS for Stone County reported “often” or “always” feeling very sad in the past month²



Females reported significantly more symptoms of depression, suicide ideation, self-harm, and poor coping skills compared to their male counterparts²

15% of students in the 2022 MSS said they had seriously considered suicide in the past year²



more than half of ACS parents reported that their child **struggles with emotional or stress-related issues at least sometimes**



more than half of ACS parents reported that their child has **received counseling or treatment for emotional or stress-related issues**

CONSEQUENCES

In Stone County, young people had the highest rates of receiving clinical services from the Division of Behavioral Health; more than doubling between 2019 and 2021.

101.14

PER 10,000 PEOPLE

Between 2011 to 2015, the rate of mental/behavioral hospitalizations (not substance abuse) for youth ages 1-19 between 2011 to 2015¹

Youth focus group findings:

- Youth’s perception of mental health resources were described as “few and far between”
- Students share a general sentiment of fear of being reported by counselors if they seek help
- There is stigma for youth receiving mental health services depending on the parental perspective and lack of support
- Students do not feel that the school is supportive of mental health and healthier coping skills are needed

SUBSTANCE USE IN TANEY COUNTY



Spotlight on Adults

Alcohol was reported as the top substance of concern in Taney County, followed by **illegal opiate use and meth use**. The highest level of perceived risk was associated with adults using **prescription drugs not prescribed to them**.



Alcohol is the most commonly used substance in Missouri adults ¹

18%

Of Taney County adults report engaging in binge drinking within the past 30 days ¹



The two most common substances were alcohol and meth among Taney County residents admitted to MO's Division of Behavioral Health substance use disorder treatment programs in 2021 ¹

Past 30 day behaviors for ACS respondents:



1 in 3 reported using **tobacco**



1 in 4 reported using **e-cigarettes/nicotine vaping devices**



1 in 5 reported using **marijuana/cannabis and prescription drugs not prescribed to them**

CONSEQUENCES

33%

of individuals admitted into public treatment programs ¹ were due to alcohol in 2022

394

alcohol-related hospital or emergency room visits in 2021 ¹

232

DWI arrests in 2021 ¹

93

alcohol-related traffic crashes in 2021 ¹

Focus group participants reported:

- Substances are used to cope with stress, trauma, difficult life circumstances, seek relief from physical or emotional pain, or self-medicate
- Meth use as a rampant problem for adult
- Locations of substance use include in their own homes or the homes of others who use, gas stations, bathrooms, public parks, and vehicles
- There is a positive shift in the community wanting to talk about substance use and willingness to address it

¹Missouri Department of Mental Health. (2023). Community Profile 2023 Taney County.

SUBSTANCE USE IN STONE COUNTY



Spotlight on Adults

Alcohol was reported as the top substance of concern in Stone County, followed by **meth use and illegal opiate use**. The highest level of perceived risk was associated with adults using **prescription drugs not prescribed to them**.



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1 in 3 reported using **e-cigarettes/nicotine vaping devices**



1 in 5 reported using **marijuana/cannabis and prescription drugs not prescribed to them**

CONSEQUENCES

29%

of individuals admitted into public treatment programs¹ were due to alcohol in 2022

115

alcohol-related hospital or emergency room visits in 2021¹

109

DWI arrests in 2021¹

40

alcohol-related traffic crashes in 2021¹

Focus group participants reported:

- Substances are used to cope with stress, trauma, difficult life circumstances, seek relief from physical or emotional pain, or self-medicate
- Marijuana or cannabis use was perceived as the least concerning behavior in the community
- Due to the legalization of marijuana, it is becoming more normalized
- Meth use is a problem in the community
- Driving and working under the influence as a problem

SUBSTANCE USE IN TANEY COUNTY



Spotlight on Youth

The majority of ACS respondents believe that substance use among youth is a concern in their community, and perceive high risk for youth use of any substances, with the highest perception of risk associated with **using prescription drugs not prescribed to them.**



The 2022 MSS for Taney County indicates that e-cigarettes, alcohol, and marijuana are the three most commonly used substances by local youth in the past 30 days²



The 2022 MSS highlighted that alcohol is viewed as the lowest risk by youth, followed by marijuana and e-cigarettes²

25%

Of students in the 2022 MSS reported their peers believe someone their age would be “cool” if they used e-cigarettes, alcohol, or marijuana²



Students in the 2022 MSS, youth reported having easy access to substances, e-cigarettes being highest²

CONSEQUENCES

66 substance-use related school suspensions in 2022–2023¹

10 juvenile alcohol offenses in 2022¹

30 juvenile drug offenses in 2022¹



Almost half of ACS parents store alcohol and prescription drugs in unlocked locations



Almost 2 in 3 of ACS parents talk to their child about the risks of alcohol and drug use

18%

of ACS parents rarely or never monitor alcohol

Focus group participants reported:

- Vaping as the most common substance used by youth and is very accessible, with the school bathrooms being the most common location of use
- Vaping is used as a form of coping, and to follow the crowd
- A lack of education on how to quit vaping and what's in vapes
- Parental perception that it is safer than cigarettes
- Alcohol as the second most common substance use concern, used before or after parties, and at school events
- Youth drink alcohol and drive under the influence
- Youth put marijuana in their vapes or utilize edibles
- There is a lack of educational material to show youth the impact of marijuana on development

SUBSTANCE USE IN STONE COUNTY



Spotlight on Youth

The majority of ACS respondents believe that substance use among youth is a concern in their community, and perceive high risk for youth use of any substances, with the highest perception of risk associated with **using prescription drugs not prescribed to them.**



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Students in the 2022 MSS, youth reported having easy access to substances, e-cigarettes being highest²

CONSEQUENCES

18 substance-use related school suspensions in 2022–2023¹

10 juvenile alcohol offenses in 2022¹

31 juvenile drug offenses in 2022¹



Almost half of ACS parents store alcohol and prescription drugs in unlocked locations



Almost 2 in 3 of ACS parents talk to their child about the risks of alcohol and drug use

18%

of ACS parents rarely or never monitor alcohol

Focus group participants reported:

- E-cigarette use is very common among youth, in addition to marijuana use and alcohol use
- Instances where students are impaired at school
- Areas of use in secluded locations, and vaping commonly occurs everywhere and is not location-specific
- Vaping is used as a form of coping, and to follow the crowd
- Adderall and ecstasy were reported as a problem among youth
- There is a lack of educational material to show youth the impact of marijuana on development
- Youth access substances through their peers/friends and older adults in their lives (parents, siblings of age, friends of age, etc.).